



University of Pittsburgh

*Graduate School of Public Health
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Dear LLFS Family:

Happy Holidays!

We greatly appreciate the time and effort you have invested to make the LLFS such a remarkable success. On November 30, 2017 we finished our Visit 2 in-person examinations and telephone calls. About **3,100 or 95% of LLFS participants from across the United States and in Denmark completed Visit 2, which is truly remarkable for a study of this duration!** Thank you so much for opening up your home to us and for your outstanding dedication!

Our Pittsburgh team conducted 836 in-person or telephone visits; **161 in the proband (oldest) and 675 in the offspring (youngest) generation.** Over the past 3 years, we traversed the United States to see you in New York, Maryland, Virginia, Washington, DC, West Virginia, North/South Carolina, Georgia, Florida, Ohio, Michigan, Illinois, Wisconsin, Minnesota, Kentucky, Iowa, Nebraska, Missouri, Kansas, Colorado, Texas, Arizona, New Mexico, Nevada, California, and of course in all corners of Pennsylvania. For those of you that we did not see in person, we very much enjoy speaking with you annually on the phone to update us on your health. Everyone in 2018 will receive an annual telephone call, so we look forward to speaking with you then. We may also contact you in the future about exciting new research opportunities.

Your participation in LLFS is helping clinicians and scientists to better understand how genetic information passed on from generation-to-generation in families contributes to healthy aging and extreme longevity. Our research team has been very busy examining the extensive test results that you have provided from Visit 2. Already, groundbreaking scientific findings were reported at the 21st International Association of Gerontology and Geriatrics World Congress in San Francisco, CA in July 2017. We will also be presenting exciting new discoveries about how heart disease runs in families at the annual American Heart Association meeting in 2018.

On behalf of the LLFS research team, and all of those who benefit from your help, we again offer our thanks. If you have anything you would like to share with us before we contact you, including change of address, updated email and cell phone numbers, please call us at 800-552-8140 and ask to speak with Katie. You can also reach Dr. Nancy Glynn, Program Director, at 412-383-1309 or epidnwg@pitt.edu. We wish you a very happy and healthy 2018.

Sincerely,

A handwritten signature in black ink that reads "Anne B. Newman".

Anne B. Newman, MD, MPH
Professor and Chair, Department of Epidemiology
Director, Center for Aging and Population Health
Principal Investigator, Long Life Family Study Pittsburgh Field Center